

Kara Price List

Kara Relaxation BODY MASSAGE

Kara Saigon Signature	90 mins	1,650,000
Healing Stone	90 mins	1,650,000
	60 mins	1,150,000
Swedish	75 mins	1,250,000
	90 mins	1,500,000
	60 mins	1,150,000
Balinese	75 mins	1,250,000
	90 mins	1,500,000
	60 mins	1,150,000
Traditional Thai	75 mins	1,250,000
	90 mins	1,500,000
	60 mins	1,150,000
Traditional Vietnamese	75 mins	1,250,000
	90 mins	1,500,000
Four Hands Vietnamese	60 mins	1,650,000
Head, Back & Shoulder	30 mins	680,000



Opening Hours: from 10:00 to 22:00 daily, last booking at 21:00
Prices are quoted in Vietnamese Dong and exclusive of 5% Service Charge & 10% VAT

Kara Beauty BODY THERAPY

Rice Milk Body Exfoliation	50 mins	850,000
Sea Salt Body Exfoliation	50 mins	850,000
Oatmeal Body Wrap	50 mins	1,200,000
Dead Sea Body Wrap	50 mins	1,200,000

AROMATHERAPY

	60 mins	1,150,000
	90 mins	1,500,000
	45 mins	590,000
	60 mins	790,000

FOOT THERAPY

Revitalising	60 mins	1,300,000
Anti-aging	75 mins	1,650,000
Collagen Facial	90 mins	1,900,000
Collagen Mask	30 mins	1,050,000

VIP TREATMENT ROOM

Availability at an additional charge with any treatment. The VIP room has a private Jacuzzi and shower with ceiling to floor windows.

FOR TWIN USE	45 mins	750,000
FOR SINGLE USE	45 mins	450,000

KARA
SPA

Kara Signature Packages

REBALANCE

120 mins - 1,650,000

Start your journey with a therapeutic aromatherapy designed to ease headaches and relieve fatigue caused by jet lag. Complete the experience with a deeply relaxing foot therapy to restore calm and overall balance.

RETREAT

120 mins - 1,800,000

Total renewal begins with a therapeutic full-body treatment that helps restore and maintain your body's natural balance. A purifying facial follows, leaving your skin refreshed, balanced, and radiant.

SERENITY FOR COUPLES

210 mins - 5,200,000

Celebrate togetherness with a romantic escape in our couples' Jacuzzi, beautifully adorned with rose petals and aromatic candles. The experience continues with side-by-side Aromatherapy and facial treatments, finishing with nurturing foot care for two. Perfect for a serene and unforgettable shared moment.

VITALITY

180 mins - 2,700,000

Indulge in a revitalizing experience beginning with a rice milk body polish, followed by a Dead Sea mud and Vietnamese herbal treatment, rich in vitamins and minerals to awaken the skin. The ritual concludes with a therapeutic treatment that improves blood circulation and melts away stress.

RELAXATION

180 mins - 2,600,000

Unwind with a deeply soothing aromatherapy treatment, using a personalized blend of essential oils tailored to your needs. Continue with a purifying facial to revitalize the skin, and finish with a nurturing foot care ritual for complete body-and-mind harmony.

SPIRIT OF KARA

210 mins - 3,100,000

Embark on the ultimate Kara wellness journey designed to heal both body and mind. This signature package includes a restorative full-body treatment, followed by a pampering facial and rejuvenating foot therapy. A deeply therapeutic experience that lingers long after your visit.

SLOW
DOWN
and
Relax

AT KARA SPA
CARAVELLE SAIGON

Kara Signature Packages Price List

REBALANCE

120 mins - 1,650,000

Welcome drink
Foot bath
Aromatherapy 60 mins
Foot Therapy 60 mins

RETREAT

120 mins - 1,800,000

Welcome drink
Foot bath
Aromatherapy 60 mins
Revitalizing facial 60 mins

RELAXATION

180 mins - 2,600,000

Welcome drink
Foot bath
Aromatherapy 90 mins
Revitalizing facial 60 mins
Foot Therapy 60 mins

SPIRIT OF KARA

210 mins - 3,100,000

Welcome drink
Foot bath
Aromatherapy 90 mins
Revitalizing facial 60 mins
Foot Therapy 60 mins



VITALITY

180 mins - 2,700,000

Welcome drink
Foot bath
Body scrub 45 mins
Dead sea mud wrap 45 mins
Aromatherapy 90 mins

SERENITY FOR COUPLES

210 mins - 5,200,000

VIP room
Welcome drink
Foot bath
Memorable and enjoyable jacuzzi 30 mins
Aromatherapy 90 mins
Revitalizing facial 60 mins
Foot Therapy 60 mins

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Kara Relaxation

SAIGON SIGNATURE 90 mins - 1,650,000

The Saigon Signature treatment brings together a unique blend of five different treatment styles - Thai, Balinese, Swedish, Vietnamese and Healing Stone. What makes this treatment particularly exquisite is the skilled technique of the therapist working with blended essential oils. A holistic approach to your body.

HEALING STONE 90 mins - 1,650,000

Healing stones combine all the benefits of thermotherapy with gliding massage strokes to create a deeply relaxing and healing treatment. Assisting in the absorption of therapeutic oils, with the massage therapist following meridian lines, warm stones are used to ease muscles and restore the body's energy and vitality.

TRADITIONAL VIETNAMESE 60 mins - 1,150,000 75 mins - 1,250,000 90 mins - 1,500,000

A traditional Vietnamese massage that combines thumb and finger manipulation using medium to strong pressure to assist in restoring and maintaining a healthy balance between body and mind.



TRADITIONAL THAI 60 mins - 1,150,000 75 mins - 1,250,000 90 mins - 1,500,000

Through stretching and passive joint movement, Thai massage can restore the flow of positive energy throughout your body and provide relief for strained or tightened muscles. Slow strokes and concentration on problem muscle groups make this massage ideal for anyone seeking both relief and relaxation.

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TRADITIONAL BALINESE

60 mins - 1,150,000
75 mins - 1,250,000
90 mins - 1,500,000

A traditional Balinese soothing massage working deep into your muscles, while helping to relieve joint pain. The boost to your blood circulation will help reduce stress and restore balance to your body. Balinese massage is a highly effective treatment for sport ailments.



SWEDISH 60 mins - 1,150,000 75 mins - 1,250,000 90 mins - 1,500,000

Swedish massage is renowned for its proven health benefits such as improving poor circulation, joint stiffness, and reducing muscle pain or stress. Soft to medium-strength strokes are ideal for those looking for a relaxing, enjoyable massage.

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Kara Beauty

REVITALISING 60 mins - 1,300,000

Gently exfoliates the skin's surface with bran oil and Marshmallow Extract, preparing the skin for moisture retention. This hydrating treatment helps unclog pores. Your skin will feel soft and supple. This gentle formula will eliminate blemish causing bacteria, restoring the barrier functionality of your skin.

ANTI-AGING 75 mins - 1,650,000

This facial actively delays the effects of premature aging, retextures and helps renew the surface of the skin. Refine pores and smooth the appearance of fine dry lines and wrinkles by using Centella, Banana flower and Nano Shiso extracts. Your skin will glow brighter and look younger and healthier.

COLLAGEN FACIAL 90 mins - 1,900,000

This unique facial instantly cleanses, energizes and conditions the skin leaving it balanced, renewed and restored. Collagen masks remarkably help maintain the skin's youthfulness and slow skin aging. Maintain the skin's firmness and smooth texture, moisturize and hydrate dry skin the natural way.



COLLAGEN MASK 45 mins - 1,050,000

A collagen mask can be added to any of your facial treatments. Collagen masks offer a trusted and convenient solution to protect the skin from breaking down and boost the production of collagen as well.

Body Therapy



DEAD SEA BODY WRAP 50 mins - 1,200,000

The Dead Sea Mud Wrap also contains Vietnamese herbs. This exotic and therapeutic wrap is easily absorbed into the skin, and has both nourishing and detoxifying benefits.

AROMATHERAPY TREATMENT 60 mins - 1,150,000 90 mins - 1,500,000

A deeply full-body therapy that combines gentle therapeutic techniques with the healing power of pure essential oils. This treatment is tailored to your emotional and physical needs - whether to reduce stress, ease fatigue, improve sleep, or restore inner harmony. The therapeutic aromas work in synergy with slow, flowing movements to calm the nervous system, improve circulation, and bring deep relaxation to body and mind.

FOOT THERAPY 45 mins - 590,000 60 mins - 790,000

A revitalizing treatment focused on relieving tension and fatigue in the lower legs and feet. This therapy combines soothing techniques with pressure point stimulation to improve circulation, reduce swelling, and restore energy flow throughout the body. Ideal for those who spend long hours on their feet or are simply seeking deep relaxation and grounding.



RICE MILK BODY EXFOLIATION 50 mins - 850,000

Contains nourishing vitamins, antioxidants and moisturizing oils to leave skin silky and soft. Renew your skin's natural inner radiance with a body scrub performed with rice and sea salt to help gently scrub away dullness, while the milk hydrates and softens your skin.

SEA SALT BODY EXFOLIATION 50 mins - 850,000

A zesty full-body exfoliation using aroma oils such as lavender and lemongrass in purified sea salt. This formula carries skin refining, healing properties to wake and invigorate dull rough skin.

OATMEAL BODY WRAP 50 mins - 1,200,000

Indulge in a soothing full-body wrap featuring nutrient-rich oatmeal, known for its calming, hydrating, and anti-inflammatory properties. This treatment gently detoxifies the skin while deeply nourishing and restoring moisture balance. Ideal for dry or sensitive skin, the oatmeal wrap leaves your body feeling smooth, refreshed, and radiantly soft from head to toe.

Opening Hours: from 10:00 to 22:00 daily, last booking at 21:00
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Spa Etiquette

The spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors speak softly and keep noise to a minimum. Children are not allowed at the spa unless they are accompanied by an adult. Cellular phones and electronic devices are not allowed.

RESERVATION: Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card is required at the time of booking for a confirmed appointment.

CANCELLATION POLICY: A 24-hour cancellation notice is required to help us reschedule your appointment subject to space availability. Any cancellation of less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a no-show.

BUSINESS HOURS: KARA Spa is open from 10:00 to 22:00 daily, last booking at 21:00

CHECK-IN: Please arrive at least 20 minutes prior to your scheduled treatment to enjoy complimentary steam, sauna and Jacuzzi facilities. Should you arrive late for your appointment, your treatment time may be reduced and will subject to availability.

SPECIAL AMENITIES: Shower area and lockers are provided for your convenience. Locker keys will be available on arrival.

SPECIAL CONSIDERATION: If you are pregnant, you may wish to avoid booking any treatment that involves the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy. If you have high blood pressure, heart conditions, allergies or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform our Spa receptionist of any medical conditions.

SMOKING AND ALCOHOL: Smoking and alcohol consumption within the spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to or after any spa treatment.

VALUABLES: We recommend that no jewelry to be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

GIFT CERTIFICATES: Treat a friend or loved one by giving them an experience they will never forget. Gift certificates are available for use involving any spa treatment packages or retail products. Gift certificates which are valid for six months from the date of issue cannot be refundable and must be presented at the time of treatment.

REFUND POLICY: Treatment packages are non-refundable. Unused portions of the packages are non-transferable or non-exchangeable for another time.

PAYMENT: We accept cash, room charge and all major credit cards. All prices are quoted in Vietnamese Dong.